



SCHOOL NEWSLETTER

Friday 15th April 2016

Bunny Hop Fundraiser for Sport Relief

On the last day of term, children throughout the school took part in a fundraising event for Sport Relief. Children in EYFS and KS1 did a 'bunny hop' obstacle course, and children in KS2 did a sponsored run.



KS2 run/ EYs bunny hop



Children raised between £1 and £150, which is amazing, and we were able to raise a total of £1,100 to be shared between Sport Relief and school PE equipment. Thank you to everyone who raised money, and to all the parents and staff who helped make the event possible. WELL DONE!

Cycle Training

This term, we will be starting Cycle Training for:
 Years 3&4 (19th - 20th April)
 Year 5 (May 3rd-6th)
 Year 6 (16th-20th May)
 Letters and consent forms have been handed out already, so if you haven't received one, please see Mrs Leith.



Assembly Dates

Parents are welcome to attend our Friday afternoon assembly every week. If we change the time (eg for a special event), we will let you know in advance.

- Friday 15th April—Attendance assembly**
- Friday 22nd April—Year 3**
- Friday 29th April—Year 1**
- Friday 6th May—F2**
- Friday 13th May—Year 5**
- Friday 20th May—Year 4**
- Thursday 26th May—Church service at 9.15**
- Friday 27th May—school ends at 1.15**

New School Meals

This term, we have a new catering company providing our school meals. They are called Caterlink, and they have a very strong track record for providing meals across London. The new menu started this week, and already seems to be a hit with the children. Please note that there will only be cake desserts on Fridays, still, in line with our school policy on Healthy Eating, and to match our packed lunch policy (treats on Friday, only). We are still offering both Halal and non-Halal meat options, as well as vegetarian choices. The new menu for St Mary's has been sent out this week —if you would like another copy, it is also on our school website.

caterlink feeding the imagination		WCC FFL SILVER SUMMER MENU 2016				
Week		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Maccaroni Pasticcio	Beef Lasagne with Garlic Bread	Roast Turkey with Roast Potatoes and Gravy	BBQ Chicken with Rice	Salmon Fish Fingers with Chips Tomato Sauce
11-Apr	Vegetarian	Vegetarian Sausages with Roasted Potatoes and Gravy	Cheese and Leek Quiche with Baby New Potatoes	Creamy Vegetable Pie with Roast Potatoes	Quorn & Vegetable Mild Curry and Rice	Cheese and Tomato Pizzas with Chips
02-May		Carrots	Broccoli	Green Cabbage	Mixed Peppers & Green Beans	Baked Beans
23-May		Garden Peas	Sweet corn	Cashed Swede		Garden Peas
20-Jun	Dessert	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Shortbread with Yoghurt
11-Jul		Fresh Fruit Platter	Fresh Fruit Salad	Fresh Fruit Platter	Fresh Fruit Salad	Fresh Fruit Platter
Week 2	Main	Chicken Neapolitan Pasta with Spinach	Beef Burger in a Bun with Salad and Baby New Potatoes	Roast Chicken with Roast Potatoes and Gravy	Spaghetti Bolognese	Battered Fish Chips, Tomato Sauce
18-Apr	Vegetarian	Cheese and Pepper Whirl with Jacket Potatoes	Quorn & Vegetable Stir-Fry with Rice	Lentil & Vegetable Quorn Roast with Roast Potatoes	Vegetable Fajitas and Rice	Red Pepper and Cheese Fritata with Chips
09-May		Garden Peas	Carrots	Cauliflower and Broccoli	Broccoli	Baked Beans
06-Jun		Sweetcorn Mix	Coteletau		Sweet corn	Garden Peas
27-Jun	Dessert	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Lemon Drizzle Cake
18-Jul		Fresh Fruit Salad	Fresh Fruit Platter	Fresh Fruit Salad	Fresh Fruit Platter	Yoghurt Fresh Fruit Salad
Week 3	Main	Spicy Beef Pizzas with Baby New Potatoes	Sweet and Sour Chicken with Rice	Roast Beef with Baby Roast Potatoes and Gravy	Cottage Pie	Rethichewly Chips, Tomato Sauce
25-Apr	Vegetarian	Carrot, Courgette & Bean Sausage with Baby New Potatoes & Gravy	Vegetarian Tortilla Stack	Vegetarian Wellington with Baby Roast Potatoes	Maccaroni Cheese	Homemade Spicy Vegetable Burger with Chips
16-May						
13-Jun		Sweetcorn and Mixed Peppers	Roasted Onions, Peppers and Carrots	Green Cabbage and Carrots	Broccoli and Cauliflower	Garden Peas Baked Beans
04-Jul	Dessert	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Pear & Ginger Muffin
		Fresh Fruit Salad	Fresh Fruit Platter	Fresh Fruit Salad	Fresh Fruit Platter	Yoghurt Fresh Fruit Salad

Parents' Coffee Mornings

Wednesday 20 April SUGAR: The White Stuff
The Whys and Hows of reducing our family's intake, and tips on alternatives Our School Nurse is coming to present a fun and interactive workshop for parents. Do come and join in! (Please bring in an empty, favourite drink carton)

Wednesday 27 April Bilingual Children- Information for parents on how to best help your child
 Current best practice, information and tips on how to integrate two or more languages into family and school life. Please bring along a storybook in your home language for this informative and interesting session.

I hope you all have a wonderful weekend and the sun keeps shining! ☀

Emily Norman—Headteacher